



PERMANENT CHANGE OF STATION (PCS)



Resource Guide



★ INSTALLATION RESOURCES

Financial Readiness Program: Additional Resources

<https://www.financialfrontline.org/>

Find a Personal Financial Counselor

<https://finred.usalearning.gov/pfcMap>

Army Emergency Relief

<https://www.armyemergencyrelief.org>

Military Installations

<https://installations.militaryonesource.mil/>

ACS Programs and Services

<https://www.armymwr.com/programs-and-services/personal-assistance>

★ PAY AND ALLOWANCES

myPay

<https://mypay.dfas.mil/>

Thrift Savings Plan

<https://www.tsp.gov/>

CONUS Cost of Living Allowances (COLA)

<https://www.travel.dod.mil/Allowances/CONUS-Cost-of-Living-Allowance/>

Overseas Cost of Living Allowances (COLA)

<https://www.travel.dod.mil/Allowances/Overseas-Cost-of-Living-Allowance/>

Overseas Housing Allowances (OHA)

<https://www.travel.dod.mil/Allowances/Overseas-Housing-Allowance/>

Dislocation Allowance (DLA)

<https://www.defensetravel.dod.mil/site/DLA.cfm>

Monetary Allowance in Lieu of Transportation (MALT)

<https://www.dfas.mil/militarymembers/travelpay/armypcs/malt/>

Mileage Rates

<https://www.defensetravel.dod.mil/site/Mileage.cfm>

Monetary Allowance in Lieu of Transportation (MALT) for Permanent Duty Travel - Traveling by Privately Owned Vehicle (POV) (JTR, par. 050203)

<https://www.defensetravel.dod.mil/Docs/CE-MPDT-07.pdf>

U.S. Passports

<https://travel.state.gov/content/travel/en/passports.html>

Joint Travel Regulations Uniformed Service Members and DOD Civilian Employees

[https://www.defensetravel.dod.mil/Docs/perdiem/browse/Travel_Regulations/Regulations_Changes/Monthly/2014/JTR/JTR\(12-01-14\).pdf](https://www.defensetravel.dod.mil/Docs/perdiem/browse/Travel_Regulations/Regulations_Changes/Monthly/2014/JTR/JTR(12-01-14).pdf)

Advance Dislocation Allowance for Authorized Soldiers

<https://www.dfas.mil/Portals/98/Documents/Military%20Members/travelpay/information/Advance%20Dislocation%20Allowance%20for%20Authorized%20Soldiers%20Memorandum.pdf?ver=2020-04-24-134942-777>

★ TOOLS and CALCULATORS

BAH Calculator

<https://www.travel.dod.mil/Allowances/Basic-Allowance-for-Housing/>

Allowance Calculators/Tools

<https://www.travel.dod.mil/>

★ CREDIT AND CONSUMER PROTECTION

AnnualCreditReport.com

<https://www.annualcreditreport.com>

Equifax

<https://www.equifax.com/personal/credit-report-services/>

Experian

<https://www.experian.com/help/>

TransUnion

<https://www.transunion.com/credit-help>

The Servicemembers Civil Relief Act (SCRA)

<https://www.justice.gov/servicemembers/servicemembers-civil-relief-act-scr>

★ SPOUSE EMPLOYMENT AND ECONOMIC OPPORTUNITIES

Spouse Education & Career Opportunities

<https://myseco.militaryonesource.mil/portal/> and www.msepjobs.militaryonesource.mil/msep

Army Spouse Employment Toolkit

www.armyresilience.army.mil/ard/spouse-employment-toolkit.html

★ CHILDCARE

Childcare Fee Assistance

<https://www.armymwr.com/programs-and-services/cys/childcare-fee-assistance>

Army Fee Assistance Program

<https://www.childcareaware.org/fee-assistancerespite/military-families/army/>

MilitaryChildCare.com

<https://militarychildcare.csd.disa.mil/mccf/ui/#/>

Dependent Care Flexible Spending Account

<https://finred.usalearning.gov/Benefits/DCFSA>

★ EXCEPTIONAL FAMILY MEMBER PROGRAM

Exceptional Family Member Program

<https://efmp.army.mil/EnterpriseEfmp>

OTHER RESOURCES

U.S. Postal Service

<https://www.usps.com/>

PowerPay

<https://extension.usu.edu/powerpay/>

Car Buying Basics

<https://finred.usalearning.gov/Money/CarBuyingBasics>

Plan Your Move

<https://www.militaryonesource.mil/moving-pcs/moving-personal-property/>

“It’s Your Move” Armed Forces Members

https://www.ustranscom.mil/dtr/part-iv/dtr_part_iv_app_k_1.pdf

TRICARE: Life Events: Moving

<https://tricare.mil/lifeevents/moving>

PCS and Taxes: Deducting Military Moving Expenses

<https://www.militaryonesource.mil/financial-legal/tax-resource-center/preparing-filing-and-refunds/pcs-and-taxes-deducting-military-moving-expenses/>

Disclaimer: Financial literacy and resources are provided under the supervision of Deputy Chief of Staff, G-9. The information, products, or services herein, or appearance of hyperlinks (or the information, products, or services herein) does not constitute endorsement by the U.S. Army of any company, organization, or service.